



# NEWSLETTER



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## A Blessed Start to 2024–2025

It has been a very busy and fruitful beginning to the academic year for our CFAC families and volunteers! We had a record turn-out for our Homeschool Community Mass, active participation in our field trips and service projects, and kicked-off our new Quest and Voyages programs.

Behind-the-scenes, our Leadership Team received official word that we are now recognized as a 501c3, which has allowed us to press “go” on a number of benefits that will majorly benefit the group. In the short term, we will be able to decrease costs for overhead expenses, such as our email addresses and drive storage. We look forward to utilizing those savings to better serve our families!

We continue to be grateful to the parishes, priests, and other members of the Tyler Catholic Community for their support of our homeschool community, especially when that is not always the case. Please take every opportunity to thank your priest for his support of your homeschooling journey!

Praying for a fruitful October in your domestic church.

-Brynn Turner  
Assistant Director

# Reflecting on September

September was a busy month for our CFAC families. It began with our annual Homeschool Community Mass and ended with our first service project of the year - providing treats for local emergency service personnel. In between there was a field trip to the Post Office, a Mom's Brunch, and Mass and Park and Play.

Our Matthew 28 Youth Ministry also started meeting this past month. Quest, our youth program for 10-14 year olds, learned about the virtues while playing games and getting to know one another better. The older youth met for Voyages, and they began their study of Catholic Social Teaching with a talk from Father Steven Chabarria.



# Upcoming CFAC Events

October is a busy month with quite a few opportunities for all of our families to participate in a variety of events.

**Mom's Monthly Book Club**-All Mom's are welcome even if you haven't read the book. Come for the food and book discussion-stay for the laughs!

**Monthly Mass**-Don't miss the First Friday Mass followed by Park and Play including our monthly birthday celebration.

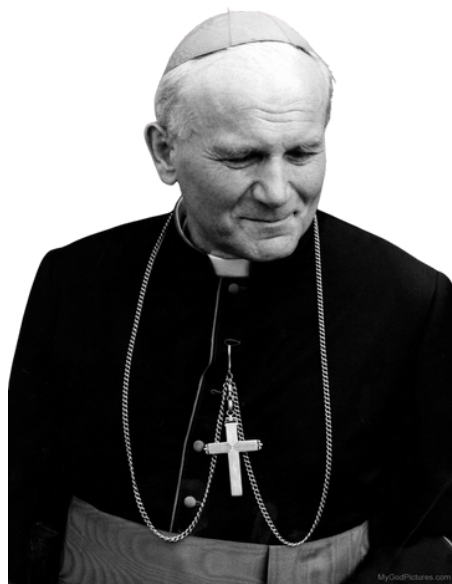
**Quest Meeting**-Games, snacks, and a discussion of *What the Coming of Jesus Meant Then and What It Means Now*

**Community Mass**-Don't miss our second monthly Mass followed by Rosary Making in the Fellowship Hall.

**Voyages Meeting**-Find out the connection between Canon Elvir's conversion story and the topics of Creation and Stewardship.

**Service Project**- There are two opportunities to give back this month - helping the staff at Elijah's Retreat and assisting the St. Mary Magdalene Food Pantry by preparing hygiene packages for distribution.

**Pumpkin Patch**-We round out the month with a trip to the Pumpkin Patch and other educational opportunities at Camp Tyler.



## **St. Pope John Paul II Feast Day**

Celebrate the Feast Day of our patron saint with a community Novena culminating in a potluck family dinner.

Members can view more details, RSVP for events, and see the full calendar in the member portal.

# All Saints Day

All member families are encouraged to come together on Friday, November 1st for Mass and a celebration afterwards.

## Mass

The CFAC choir will be doing the music for this Mass under the direction of Suzanne Liles. To learn more about required rehearsal and to sign-up, please visit: [All Saints Day Choir](#).

## Carnival and Parade

Everyone is encouraged to come dressed as their favorite saint while learning about those holy men and women in Heaven through music, games, crafts, and fellowship. All families are asked to contribute in some way towards the success of the event, and we highly encourage teens to volunteer as appropriate. To learn more about the event and the volunteer opportunities, please visit: [All Saints Day Celebration](#)



# Aaaa-choo!

It's sick season! Please remember to keep your children home if *any* of your children display a sign of contagious illness.

- Fever of 100 degrees or more
- Diarrhea
- Vomiting-two or more episodes in a 24 hour period
- Mouth sores or other rash or sores on body
- Purulent conjunctivitis (pink eye) pink or red conjunctiva with white or yellow discharge

See The Atlas for more guidance.



## Supporting One Another

**“These meals have been lifesaving for us...each dinner has been more than a meal for us though, it’s like getting a hug.”**

We’ve all been there; barely hanging on because life has thrown one too many curveballs - significant illness, death in the family, or even a joyous and expected curveball like a brand-new baby. In that moment, what did you need? Does that list include needing to know that you were loved and cared for?

Providing a meal for someone does not release them of their burdens, but it is an act of love. It demonstrates care and concern while providing all of the necessary nutrients to better physically equip an entire family to handle whatever comes their way during a difficult time.

**Food cannot take care of spiritual, psychological and emotional problems, but the feeling of being loved and cared for, the actual comfort of the beauty and flavor of food, the increase of blood sugar and physical well-being, help one to go on during the next hours better equipped to meet their problems.**

As homeschooling families our lives can be busy and chaotic, but the opportunity to make a small sacrifice in providing a meal to another family allows us the opportunity to carry out both Corporal and Spiritual Works of Mercy in a very practical way. Depending on the ages of older children, it can be an opportunity for them as well. By “feeding the hungry”, “visiting the sick”, and “comforting the sorrowful”, we become the hands and feet of Jesus in this world.

Whether you are providing a simple meal or gratefully receiving meal support, your participation is an act of love and helps to grow not only our community but the Body of Christ.

*I didn’t realize how beneficial a meal train would be until we received that first meal after our fourth child was born. It was the best gift to our family.*

*Chelsea Lockman, CFAC Member*

*As someone who has received and given meals, I can confirm that giving a meal to a mama in need is a life saver. Even when my schedule is busy or I don’t really know the mom in need, Jesus is calling me to help. The meals do not have to be complicated or cost a lot. Focus on the act of feeding a mama and her family.*

*Vanessa Jones, CFAC Member*

## A simple meal given out of love benefits both recipient and giver.

### **Cheap and Easy**

Homemade Mac and Cheese & Roasted Veggies

Chicken Soup and Bakery Bread Loaf

Chili with Cornbread

Lentils Over Rice with Bagged Salad

Baked Ziti with Bagged Salad

Tuna Pasta Bake with Veggies

### **No Prep**

Rotisserie Chicken and Bagged Salad

Take and Bake Pizza

### **One Dish Dinners**

Instant Pot Black Beans and Rice

Chicken Thighs over Rice

Sheet Pan Sausage Dinner

Taco Casserole

Chicken Spaghetti

Chicken Tamale Pie

### **Feeling Fancy**

Tacos with Toppings and Sides

Pork Roast with Roasted Veggies

Savory Meatballs with Mashed Potatoes

Pulled Pork Sandwiches with Slaw and Baked Beans

Marry Me Chicken

No time or they live too far away...consider a gift card, meal delivery service, or financial donation through Meal Train.

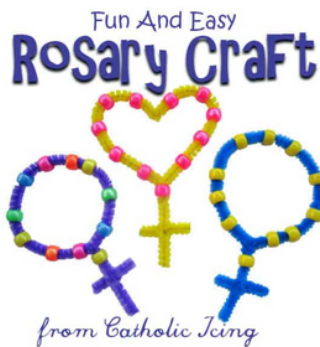
# Liturgical Living Corner: October

## The Holy Rosary and Feast of St. Pope John Paul II

On October 7th, we celebrate the Feast of Our Lady of the Rosary. The feast day was established by Pope Saint Pius V on the anniversary of the victory of The Battle of Lepanto on October 7th, 1571. The victory was attributed to the Virgin Mary whose intercession was entreated through the recitation of the Holy Rosary.

**SIMPLE WAY TO CELEBRATE:**

- Pray the Rosary daily as a family, or even just a decade together. Let each person share an intention they would like the family to pray for.
- Do a special act of charity for someone in need.
- Make your own rosaries or decade bracelets with beads and string (we will have this activity on October 15th after our monthly mass)!
- After saying your meal blessing, add the Hail Mary.



[Web Links to more!](#)

**SIMPLE WAY TO CELEBRATE THE FEAST OF ST. POPE JP II:**

- Read the Theology of the Body Encyclical.
- Make Pope Cake and enjoy it during a Feast Day Tea, reading or reciting aloud his poems.
- Pray the Luminous Mysteries, added by St. Pope JP II!  
A great way to celebrate the month and feast day together.



Kremówka Papiéska from The Spruce Eats

Month of the Holy Rosary

# October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

- 5 St. Teresa of Calcutta
- 8 The Nativity of the Blessed Virgin Mary
- 9 St. Peter Claver
- 12 The Most Holy Name of Mary
- 14 The Exaltation of the Holy Cross
- 15 Our Lady of Sorrows
- 21 St. Matthew
- 23 St. Padre Pio
- 29 Sts. Michael, Rafael, Gabriel

Catholic Family  
ADVENTURE CLUB

[Download phone wallpaper](#)



# OCTOBER

## The Holy Rosary

### **Joyful Mysteries**

The Annunciation of the Angel Gabriel to Mary  
The Visitation of Mary to Elizabeth  
The Birth of Jesus in Bethlehem of Judea  
The Presentation of Jesus in the Temple  
The Finding of Jesus in the Temple

### **The Luminous Mysteries**

Jesus' Baptism in the Jordan  
The Wedding at Cana  
The Proclamation of the Kingdom  
The Transfiguration  
The Institution of the Eucharist

### **The Sorrowful Mysteries**

The Agony of Jesus in the Garden of Gethsemane  
The Scourging of Jesus at the Pillar  
The Crowning of Jesus with Thorns  
The Carrying of the Cross  
The Crucifixion and Death of Jesus

### **The Glorious Mysteries**

The Resurrection of Jesus  
The Ascension of Jesus into Heaven  
The Descent of the Holy Spirit at Pentecost  
The Assumption of Mary into Heaven  
The Coronation of Our Lady in Heaven

*“The Rosary mystically transports us to Mary's side as she is busy watching over the human growth of Christ in the home of Nazareth. This enables her to train us and to mold us with the same care, until Christ is ‘fully formed’ in us.” .”- St.Pope JPII*



# Around the Diocese



**STABAT MATER  
FOUNDATION**

*Advancing the Culture of Life Through Prayer and Art*

TEEN ART WORKSHOP | FAMILY BONFIRE

**NOVEMBER 9**  
STAFFORD'S MEADOW FARM



Celebrate the Feast of St. Martin of Tours (a bit early) and bring the whole family out for a day of fun on the farm! Complete with a picnic, bonfire, and, most of all, a classical art workshop for your middle and high schoolers!

More details to come! Questions? Email [Robert@StabatMater.org](mailto:Robert@StabatMater.org)

**Save the Date!**  
October 28, 2024



**SANCTITY OF LIFE**

**BISHOP'S  
ANNUAL**  
*Dinner*

[www.sanctityoflifetyler.org](http://www.sanctityoflifetyler.org)



**STABAT MATER  
FOUNDATION**

*Advancing the Culture of Life Through Prayer and Art*

NINTH ANNUAL LIGHTING OF THE CROSS

**GUADETE SUNDAY, DECEMBER 15, 5 PM**  
STAFFORD'S MEADOW FARM

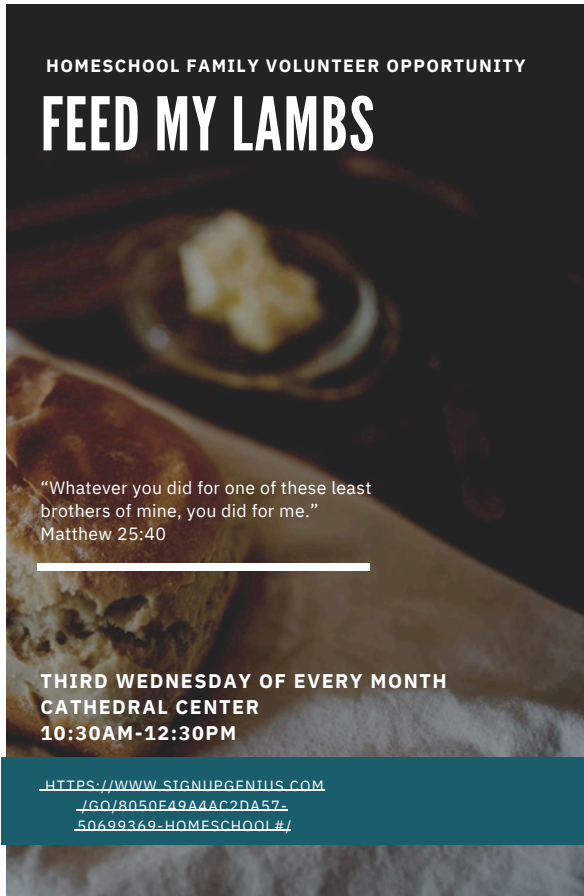


More details to come! Questions? Email [Ann@StabatMater.org](mailto:Ann@StabatMater.org)

# Around the Diocese

HOMESCHOOL FAMILY VOLUNTEER OPPORTUNITY

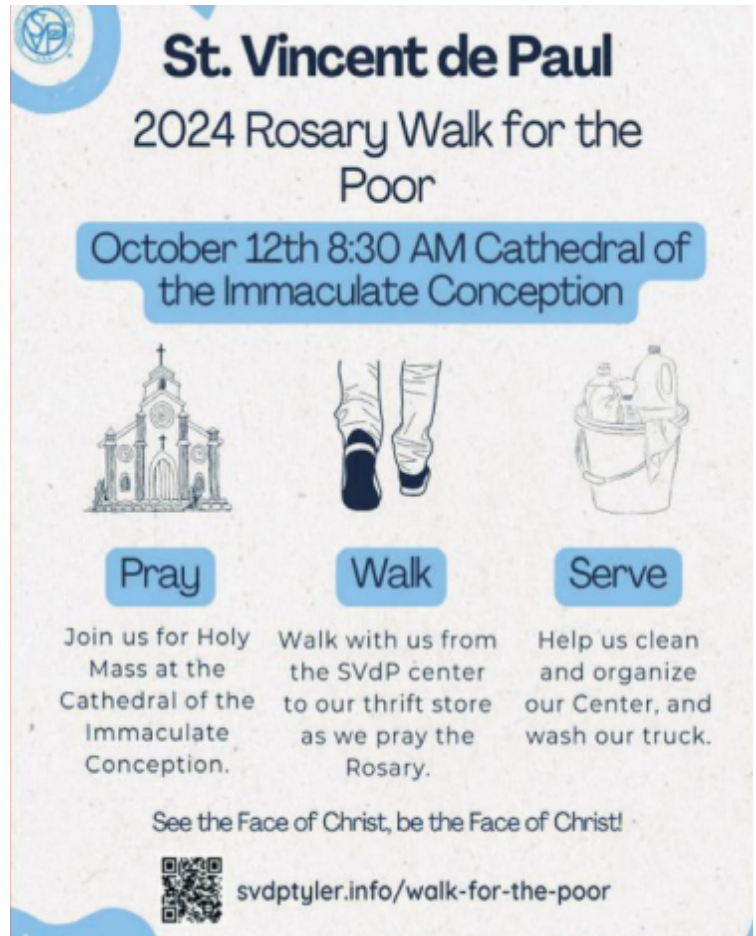
## FEED MY LAMBS



"Whatever you did for one of these least brothers of mine, you did for me."  
Matthew 25:40

THIRD WEDNESDAY OF EVERY MONTH  
CATHEDRAL CENTER  
10:30AM-12:30PM


[https://www.signiurgentius.com/\\_/GO/8050E49AA4AC2DA57-50699369-HOMESCHOOL-#/](https://www.signiurgentius.com/_/GO/8050E49AA4AC2DA57-50699369-HOMESCHOOL-#/)



## St. Vincent de Paul


### 2024 Rosary Walk for the Poor

October 12th 8:30 AM Cathedral of the Immaculate Conception




**Pray**

Join us for Holy Mass at the Cathedral of the Immaculate Conception.



**Walk**


Walk with us from the SVdP center to our thrift store as we pray the Rosary.



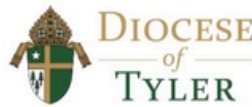
**Serve**

Help us clean and organize our Center, and wash our truck.

See the Face of Christ, be the Face of Christ!



[svdptyler.info/walk-for-the-poor](http://svdptyler.info/walk-for-the-poor)



## Wonderfully Made: Your Body Matters

In this series we will review how our female bodies are designed, specifically how our menstrual cycles & hormones provide important information regarding our overall health. We will also discuss what it means to be created in the image and likeness of God, and how virtue helps us to be fully human. This series is designed to encourage communication between moms and daughters as well as provide practical tools for navigating cycle awareness.

*This 3-part series builds on each session, so attending all three is essential for the best experience.*



*I praise you, because I am wonderfully made; wonderful are your works! My very self you know."*

- PSALM 139:14

 October 10th, 17th, & 24th

 6pm-8pm

 Wellspring Retreat Center - 16828 FM2964, Whitehouse, TX 75791



September 25 - November 3  
**40 DAYS FOR LIFE**®

## HELP SAVE LIVES IN **Tyler!**

**You can protect mothers and children** by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers!

**With God's help**, here are the proven results in 30 coordinated campaigns:

- Over 20,000 babies saved from abortion
- Over 200 abortion workers converted
- Over 100 abortion centers closed

**Here's how to take part in 40 Days for Life in our community:**

Vigil location: Across the street from Planned Parenthood located at 601 Turtle Creek Dr. in Tyler, Tx. 75701

Vigil hours: (7 am to 7 pm daily)

Local contact: Lars Gustafson,  
[Tyler40DaysForLife@gmail.com](mailto:Tyler40DaysForLife@gmail.com),

281-782-6292

Learn more ... get involved ... and sign up for prayer times by visiting our campaign at the web address shown below!

[40daysforlife.com/Tyler](http://40daysforlife.com/Tyler)